

# Message from the PTA

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## PTA seminars

On February 18, 2009, more than 200 parents and daughters gathered at the Junior School Hall to attend an interactive workshop on the topic, **Memory Power – Tools that Drive Academic Achievement and Success**. Our speaker Scott Bornstein, who is renowned



for his expertise in the field and ingenious memory training systems, showed us how to unleash our memory to work smarter and faster with brain-changing methods.

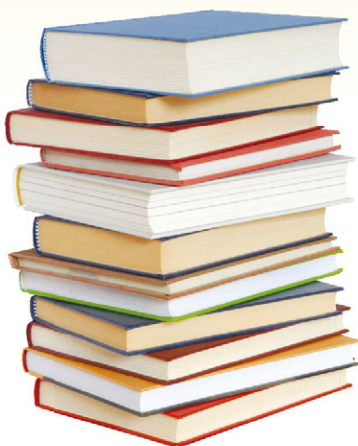
Over 65% of the audience who attended the workshop rated the event as excellent. Here are some of the comments received:

- Fantastic, I have learnt a lot! *Student*
- Great. A new knowledge to me. Very inspiring. *Parent*
- Very interesting and worth it and very useful! *Parent*
- I learned many things about my memory and I really learned a lesson today. I hope I really can use it. *Student*
- I learnt how to memorize words and numbers with skill and technique. *Student*
- So cool! I can remember the word "Dicyclohexylcarbodiimide" now. *Student*

On 6th March, 2009 we were honoured to have with us The Honourable Mr. Wong Yan Lung, Secretary for Justice, who delivered a speech entitled "**Preventing our children from digging cisterns that leak**" to parents and students at the Senior School Hall.

Mr. Wong shared with us his experience as a secondary student at Queen's College, and how he overcame his fear of tutorials whilst studying law at Cambridge University. He emphasized the importance of an all-round education and the pursuit of excellence "with" a soul. He said children had a more intuitive and direct way of looking at things and that he had much to learn from his own children on how to overcome failure and be at ease with oneself. It was a sincere and thought-provoking session and many, like myself, were inspired to read and learn more about how to be better parents.

Mr. Wong also stayed behind after the Q&A session to sign autographs for our aspiring young lawyers (there were many!) and encouraged them to pursue their legal studies in Hong Kong.



## New Tuck Shops at DGS and DGJS

The new tuck shop at DGS operates from 7am-5pm on weekdays and 8am-12pm on Saturdays, selling food and drinks at breakfast, break, lunch and after school. It is located on the ground level by the ball court, with a separate counter on the 3rd floor to service those classes on the higher floors. Some food items are freshly cooked on the school premises. Lunchboxes can be ordered either on a monthly basis or on the same day by break time. This has provided an alternative to our girls who are too busy or do not want to go out at lunchtime. The new tuck shop has proved to be popular with our girls.

A wide variety of food items are served, with the less healthy ones being the most popular... New items will be introduced on a regular basis.

In the Junior School, we have two new vending machines in the covered playground on the ground floor. These have been a big hit, as they provide cold and refreshing drinks to help the girls "chill out". The stock of beverages available is rotated periodically: bottled water, sports drinks, orange juice, apple juice, pear juice, grape juice, lemon tea and even chocolate-flavored milk. Carbonated sugary drinks are not available simply due to health concerns. The machines only accept Octopus card payment.

The sandwich bar in the covered playground is also experiencing high foot traffic when it operates during the second recess or lunch hour. It supplies freshly made sandwiches and fruit cups to the girls, which are marvelous substitutes for tuck shop junk food. Girls who do not opt for pre-ordered lunchboxes can also come here for additional daily special dishes.

There are also water dispensers on each floor of DGJS's 5-storey campus. Girls who prefer upstairs activities during recess can easily enjoy cool water from the dispensers. They only need to bring an empty bottle to school, and thus need not further burden their already fully packed school bags.

The PTA welcomes suggestions from girls and parents regarding any aspect of the tuck shop. Please leave comments at the respective school offices.

