



*Diocesan Girls' School
Parent Teacher Association*

PTA Executive Committee
2011-2012

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Lunchbox Tender 2012



To comply with the Department of Health's Eatsmart requirements, an open tender procedure has been conducted by the School commencing mid-February in 2012. Caterers were invited through the School website announcement to submit their tenders for a three-year lunchbox catering service.



Site visit - introduction to services provided

A Tender Vetting Committee has been set up to seek and recommend the most suitable lunchbox caterer for both the Senior and Junior Schools. A Tender Approving Committee, which is separate and independent from the Tender Vetting Committee, has also been set up to monitor the entire process and to approve the final candidate on behalf of the School.

Led by the Lunchbox subcommittee and supported by the Legal subcommittee, stringent groundwork was set for aims of the tender process, guidelines for nutritional value, requirements of the tenderer, good balance of taste and well-round service from the caterer, etc.

By closing date, the School received five tender proposals. After the initial round of scoring and assessment, three candidates were shortlisted. Members of the Tender Vetting Committee then proceeded with factory site visits of each shortlisted candidate to inspect the overall cleanliness of kitchen, food hygiene and handling of leftover food.

At the final stage, a Food Tasting Session was held at School on 23rd April 2012. Headmistresses from both the Senior and Junior School, teachers, parents and student representatives from both Schools were asked to participate in the event for a comprehensive assessment of presentation and taste of lunchboxes, sandwiches and snacks provided by each of the three final candidates. At the same time, the Nutrition Team ensured that the food met the required nutritional standard. Thanks to the efficiency of our Logistics Team and Nutrition Team, the event was executed fairly and smoothly. Upon completion of the entire assessment process, Danny Catering Service Ltd. scored the highest mark and was appointed by the School as the new lunchbox caterer.

With much appreciation to the hard work of the Lunchbox and Legal subcommittees, we look forward to 'Good Food, Good Nutrition, Good Service' from our new caterer Danny Catering Service Ltd. commencing from the next school years. A round of appreciation also goes to Deli Fresh for their service and dedication provided all along.



Site visit - overview of the kitchen



Lunchbox sample by Danny



Mrs. Lau sampling the food



Mrs. Dai and teachers trying the different dishes



The girls enjoying themselves

PTA Outings

Sincere thanks to over 80 parent helpers who have so kindly devoted their time and effort to accompany our Pr.1-5 girls to respective outing sites on 15th December 2011.

Holiday Farm for Primary 1



Primary 1 girls had a full day of outdoor activities in a farm in Sheung Shui where they came in close contact with nature and, for many, got to use farming and ploughing tools for the first time! They were also introduced to plants and animals on the farm, and were given the opportunity to make their own key-chains and bake their own bread.

Lake Egret for Primary 2

Primary 2 girls had fun working on handicrafts and participating in activity programs against a green setting in Tai Po Kau. They also had the opportunity to visit the Museum of Ethnology there to gain a feel of how different cultures have strived to survive and improve their living using what nature has offered under different geographical, physical and climatic circumstances.



Noah's Ark for Primary 3 and 4



Primary 3 and 4 girls visited Noah's Ark in Ma Wan where they were given an informative session on the history of the Ark and the opportunity to see rare animals such as two-headed tortoises. Pr.3 girls participated in a special workshop on caring for animals that aimed to promote their sense of responsibilities, while Pr.4 engaged in a mock trial in court which aimed to raise their awareness of the issue of carbon emission and the need for environmental protection. The girls had fun in role-playing as judges, lawyers, plaintiffs and defendants to practise and advance their questioning techniques and critical thinking skills.

HKYFG Organic Farm for Primary 5

Primary 5 girls spent a lovely day at a farm in Yuen Long situated on the top of a hill, overlooking the serene Ho Pui Reservoir. They were introduced to the meaning and process of organic farming through an informative briefing and stroll through the greenhouses of the farm that displayed a variety of natural farm produce, including everyday veggies and even edible cactus on display. The girls were then taught and given the opportunity to make soap and paper using primitive raw materials and equipment.



Primary 6 outing to Macau



Primary 6 girls went on their long-awaited day trip to Macau on 9th December 2011. The visit aimed to expose the girls to a close-by city with a slightly different historic and cultural outlook. Upon arrival, the girls were given guided tours on several heritage sites including the Ruins of St. Paul, the Section of the Old City Wall and the Mount Fortress. They also visited other not-to-miss landmarks including the Senado Square and the Macau Museum. To recharge after the morning sightseeing, the girls were treated a sumptuous lunch at the Macau Tower where they also had the opportunity to enjoy a panoramic view of city and nearby Zhuhai from the observation deck. Many would agree that the highlight of the trip was the Macau Science Centre, where the girls spent almost two hours playing interactive games relating to food, sport and space science, meteorology, energy conservation and the like before they embark on the turbojet home.

May we take this opportunity to once again thank Miss S. Ng, Mrs. T. Fung and Mrs. C. Lam and the 22 parent helpers who have contributed their time and effort in accompanying and supervising our girls throughout this trip.

Seminar and Workshops for Parents at DGJS

February and March were busy months for our parents. A parenting seminar by Ms. Cora Ha and a series of eight LEAP workshops were organized by the DGS - PTA.

In February, Ms. Ha gave an informative talk on parenting techniques. She tailored her material to the unique needs of Hong Kong families, and focused primarily on character building and the establishment of strong family foundations. Her three-part seminar – Refocus, Refresh and Revive Your Parenting – placed emphasis on how to teach moral values that transcend culture and nationality. Her evening seminar was well received with over 150 parents attending.

In March, a series of eight LEAP workshops were organized for our parents. A total of 50 parents participated in the eight workshops which were spread over 4 weeks. The speaker, Ms. Miranda Chan, is an experienced social worker with a Masters degree in Social Work from the University of Hong Kong. With expertise in providing professional counseling on developmental and emotional needs for children, youth, couples and families, she led the group of parents to take part in role plays and small group discussions, where they were able to share their valuable insights on different topics ranging from character analysis, communication techniques to sex and drug education.



Participants with high attendance were awarded certificates for completing the series of workshops from Mrs. Dai. Our sincere thanks to Ms. Fong, who helped us with the arrangements with LEAP